

**In my prior learning I have:**

- Moved freely with pleasure and confidence in a range of ways.
- Mounted stairs, steps or climbing equipment using alternate feet.
- Been able to run skilfully and negotiate space successfully, whilst adjusting speed and direction to avoid obstacles.
- Stood momentarily on one foot when shown.
- Caught a large ball.

**P.E**

**At the end of my learning in this theme I will have:**

- Experimented with different ways of moving.
- Showed increasing control over an object when pushing, patting, throwing, catching or kicking.
- Negotiated space successfully when playing racing and chasing games with others, adjusting speed or changing direction to avoid obstacles.

Key Questions	Vocabulary
1. Can you describe how doing exercise makes you feel?	emotions, happy, jolly, bouncy, excited, tired, hot, sweaty
2. How can you use your feet to move?	running, walking, jumping, hopping, skipping, crawling, balancing, feet, moving, direction
3. Using your body, how many ways can you make ball travel?	body, ball, travel, push, pull, throw, roll, catch, kicking, patting
4. What body parts help you to run?	movement, slow, fast, body position, body parts, arms, legs, muscles, tummy, feet
5. Can you move/ travel in different ways with a ball?	travel, running, walking, jumping, hopping, skipping, crawling, balancing, feet, moving, direction, ball, travel, push, pull, throw, roll, catch, kicking, patting
6. Why do you think exercise is important?	exercise, strong, healthy, feelings, sleep, friends, bones, muscles, fit

